

# Volunteer

Last Updated Monday, 12 July 2010

## VOLUNTEERING WITH NEW START HIGHLAND

Do you have spare time on your hands? Would you like to meet new people, make new friends, develop new skills and make a huge difference to the community while you do these things? Here at New Start, we have many opportunities. Whether you are able to come along for a couple of hours or for the day you will be most welcome and we will be really grateful for your help. Here are some opportunities that we have available:-

- Store Person- Helping with loading and unloading of the vehicles. Cleaning the donations brought into the building, so that they are ready to go out as a delivery.
- If you are interested there may be the opportunity to get your fork lift licence.
- Drivers- Making collections and deliveries. While helping with this worth while task you can get very fit, no need to pay expensive gym costs!
- Drivers assistant- Helping with the day to day deliveries and collections. Enjoy meeting people and some of the countries most beautiful scenery.
- Starter Pack Store- Sorting the goods that come into the store, making sure that they are clean and ready for making up into the packs. Making Starter Packs up, ready for collection or delivery. This is a fun experience, using your imagination to colour co-ordinate and make a box of kitchen items a great experience for those who receive it!
- Sewing and Ironing- We have a large number of curtains donated. These all need sorting through, washing, ironing and mending where necessary.
- Furniture Restoration- If you enjoy using your hands and have a creative flair. This is the workshop for you. Help restore and repair some of the items that we have donated to their original beauty.
- Sorting donations - This involves sorting all the smaller items that are donated, putting them to the most suitable destination.
- Shop - Our shops are open 5 full days a week. Our shop is a friendly, busy fun place to be.
- Electrical Testing- We have to test all the electrical items that are donated. We need people who have the P.A.T test certificate or those that have an interest in it and would be willing to train. There are so many opportunities! This is a great way back into work whether you have been out of work looking after the children, through illness or for any other reason, volunteering gets you back on track, learning new skills and gaining confidence. We will of course help you as much as we can to find employment if you wish, and give you a reference. You may of course be retired, on holiday from college or university or just simply wish to come and spend some of your free time helping others. You will be welcome what ever your reason.
- Millennium Volunteer Award Scheme is open to all volunteers between the ages of 16 and 25, presenting awards at three different levels.
- Tea and coffee are available at all times. Lunch is provided for volunteers who work the whole day. Expenses will be reimbursed for travel.

If you would like to come along and meet the team, see what we do and have a chat, then please just give me a call. Telephone Mary on 715 615 Email:- [mary@newstarhighland.org](mailto:mary@newstarhighland.org)